



INDOMITABLE COCHAMO

Chile – Argentina 2011/2012

INVITATION TO TRAVEL

This wonderful trek is a good chance to explore a region of the north Patagonia which is still remote and indomitable. From Puerto Varas (Chile) to Bariloche (Argentina), we will cross the best of Cochamo and Puelo valleys. Known as "The Chilean Yosemite", climbers and trekkers are coming from all over the world to see the old Alerces forest surround the big walls of pure granite, crystal-clear rivers, and amazing hidden lagoons. We will be able to listen to birds like Chucaco, and get inside the territory of condors, foxes and pumas. It will be also a good opportunity to meet local people and their way of life in this remote and fascinating corner of the world.



Duration: 10 days / 9 nights

Type of travel: trekking

Lodging: hotel/refuge/tent

Difficulty level: intermediate (5 to 7 hours hike per day)

Recommended period: from December to May

Code of the trip: SN / TRK 07

ITINERARY

1st DAY: PUERTO MONTT (IN) – PUERTO VARAS

Reception at Puerto Montt airport and private transfer without guide to the lovely city of Puerto Varas. Accommodation at the HOTEL CASA KALFU 3* or of similar category according to availability.

No meals included.

2nd DAY: PUERTO VARAS – LA JUNTA

After breakfast we departure to Cochamó, a small town by Reloncavi Estuary - the first fiord of Patagonia. We begin our trek through a valley with lots of vegetation and spectacular views of granite walls. Night in REFUGE.

Meals included: Breakfast / Box-lunch / Dinner

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SENDEROS NATIVOS

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- 3rd DAY: LA JUNTA – ARCO IRIS VIEWPOINT – LA JUNTA**
We will get into the forest to have a close look to mañío, coigüe, alerce and lenga trees. After 5 hours walking and climbing 2 fix ropes (easy and safe to do) we will reach the highlands of the mountains of Cochamó, home of condors and experimented climbers. After a nice lunch we will walk back to the camp to celebrate the day. Night in REFUGE.
Meals included: Breakfast / Box-lunch / Dinner
- 4th DAY: LAS JUNTA – EL ARCO**
As we get into the valley, we will see different views of Cochamó. We will cross many rivers, pass through Alerce forests, and visit a peculiar rock formation called El Arco. Free afternoon to explore the area. Night in TENT.
Meals included: Breakfast / Box-lunch / Dinner
- 5th DAY: EL ARCO – ANDEAN LAKE**
We will go deeper into the Andean Range. While we ascend we find the beautiful Lenga forest that surrounds the Andean Lake where we will set up our camp, make a bonfire and enjoy the silence of the place. Night in TENT.
Meals included: Breakfast / Box-lunch / Dinner
- 6th DAY: ANDEAN LAKE – VIDAL GORMAZ LAKE**
Passing this lake we encounter marshes where we can find traces of early settlers (early 1900's). We will finally reach Vidal Gormaz Lake, meet a family who lives there, and set our camp by the lake. Night in TENT.
Meals included: Breakfast / Box-lunch / Dinner
- 7th DAY: VIDAL GORMAZ LAKE - TORRENTOSO**
This day we will hike for 3 hours to get to the south side of the lake and meet Panchito Soto and his family. After a classic "mate" (typical beverage of the gauchos) we will continue to Torrentoso area and look for some rock paintings that indigenous people made 800 years ago when they use to live in this territory. In the afternoon we set our camp and enjoy the river next to us. Night in TENT.
Meals included: Breakfast / Box-lunch / Dinner
- 8th DAY: TORRENTOSO – STEFFEN RIVER**
We will drink some mate and go down the valley of the Manso River. We will visit several families on our way and cross some hanging bridges built by the community to avoid isolation when rivers flood during heavy rainy days. We will visit the home of Don Juan, set our camp there and enjoy a hot bath, toilets and Don Juan's hospitality. Night in TENT.
Meals included: Breakfast / Box-lunch / Dinner



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9th DAY: STEFFEN RIVER – AZUL LAKE

We continue towards “Puente El Manso” where a vehicle 4x4 will be waiting to transport us to the beginning of the Lake Azul path. Once we arrive on the opposite side, we meet the Gallardo family who will lodge us in their home by the lake. Night at a LOCAL FAMILY.

Meals included: Breakfast / Box-lunch / Dinner

10th DAY: AZUL LAKE – EL BOLSON – BARILOCHE (OUT)

During the day we can enjoy different treks through old forests of the parallel 42°, home of woodpeckers, *rayaditos*, *come cebos*, *chucaos* and *hued hued* among other birds that live in Patagonia. Once in Las Rocas Lake we board a zodiac that takes us to the Chilean police to do all the paper work. Afterwards we walk for 3 hours until we reach the border, where a boat is waiting for us to cross the Puelo Lake till the Argentinean side. From here a vehicle picks us up and takes us to Bariloche, a very important tourist city famous for its outstanding landscapes and fine home made chocolates. **END OF THE SERVICES.**

Meals included: Breakfast / Box-lunch

ENJOY THE TRIP!



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EQUIPMENT LIST

CLOTHING:

- Summer cap
- Warm hat (polar/fleece)
- Waterproof jacket with a hood. Suggested: Gore-Tex
- Pile lining. Jacket or sweatshirt
- Underwear
- T-Shirts
- Gloves
- Trekking trousers
- Waterproof trousers. Suggested Gore-Tex
- Shorts
- Swimsuit + towel
- Socks
- Trekking shoes (waterproof)
- Tennis shoes, sandals.

FOR THE JOURNEY:

- Trekking bag (70 lt + day pack)
- Sun glasses
- Sun screen: Sun cream and lip screen.
- Water bottle
- Sleeping bag
- Swiss knife
- Frontal flashlight with batteries
- Personal First Aid Kit.
- Personal Toiletries: wet towels, soap, etc.
- Photographic equipment



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RATES

02	PERSONS:	US\$ 3820 p/person
03	PERSONS:	US\$ 3390 p/person
04-12	PERSONS:	US\$ 2870 p/person

Single room supplement: US\$ 50

Included in the price

<ul style="list-style-type: none"> Accommodation in the mentioned hotel (DOUBLE/TRIPLE room basis) and refuges according to availability. Local standad
<ul style="list-style-type: none"> Camping equipment (sleeping tent for 2, Therma Rest mattresses, kitchen equipment, kitchen tent over 6 passengers,...)
<ul style="list-style-type: none"> Private bilingual guide(s) (English/Spanish speaking) during the program. Guides in other languages according to availability.
<ul style="list-style-type: none"> 1 Local Guide every 3 loaded horses / 1 load horse every 3 passenger
<ul style="list-style-type: none"> Meals mentioned in the program
<ul style="list-style-type: none"> Alcoholic and soft drinks during the meals and box-lunch mentioned on the program
<ul style="list-style-type: none"> Transportation by private vehicle during the whole program.
<ul style="list-style-type: none"> Boat transportation in Azul, Las Rocas, and Puelo Lakes.

NOT included in the price

<ul style="list-style-type: none"> Flights and taxes.
<ul style="list-style-type: none"> Single room supplement
<ul style="list-style-type: none"> Sleeping bag
<ul style="list-style-type: none"> Accommodation and services in Bariloche
<ul style="list-style-type: none"> Personal equipment
<ul style="list-style-type: none"> Travel insurance
<ul style="list-style-type: none"> Tips
<ul style="list-style-type: none"> Services NOT mentioned in the program

The rates are valid from 01/12/2011 until the 30/05/2012 except in case of a big variation in the USD exchange conditions in Chile and/or Argentina. Thanks for reading our general sales conditions.