



MAGIC REFUGES OF THE NORTHERN PATAGONIA ARGENTINA 2011 - 2012

INVITATION TO TRAVEL

This wonderful trekking program invites you to discover the most famous and attractive refuges of the Nahuel Huapi National Park (Jakob, Laguna Negra, Otto Mailing...) departing from Bariloche. As we hike along the park trails, our imagination is captured by spectacular landscapes: charming hidden lagoons and majestic summits frequented by condors, deep forests of Coihues (endemic trees) and impressive glaciers of unique beauty. An unforgettable experience for the lovers of mountain trekking.

Duration: 8 days / 7 nights

Type of trip: trekking

Lodging: hosteria (hostelry) / refuge

Difficulty level: mild to intermediate depending on the trails

Recommended period: from December to April

Code of the trip: SN / TRK 04



ITINERARY

1st DAY: **BARILOCHE (IN) – REFUGE FREY**

Meeting with the guide at the hotel and morning transfer to the base of Mt. Catedral. We start hiking on a wide trail that shortly after turns into a narrow footpath. The trail continues southwards to the valley of the brook Van Titter. Here we start to ascend, enjoying a majestic view of lake Gutierrez. We cross the bridge over the mentioned brook and arrive at the sector of Piedritas where we rest for a while. Then, we keep on climbing up to refuge Frey, situated at 1700 m over sea level. It is one of the most picturesque refuges in the region. Free afternoon to explore the surroundings. Overnight at the REFUGE according to availability.

Duration of the hike: 4-5 hours approximately

Included meals: Box-lunch / Dinner

2nd DAY: **REFUGE FREY – REFUGE JAKOB (San Martin)**

We leave refuge Frey behind and hike to lagoon Schmoll, famous for its crystalline waters, bordering lagoon Toncek. We hike among huge rocks and enjoy a spectacular view! Afterwards we continue towards the area called "cancha de futbol" (soccer field) and hike along the ridge of Mt. Catedral: looking to the west we can see the peaks Inviates, Brecha

1/5

SENDEROS NATIVOS

Calle Capullo n° 2251 – Providencia – Santiago de Chile

Tel: (00 56) 2 – 8973760 /61 /62

Web: www.senderosnativos.com – Email: info@senderosnativos.com



MAGIC REFUGES OF THE NORTHERN PATAGONIA ARGENTINA 2011 - 2012

Negra and Tronador; to the northwest we can observe Mt. Tres Reyes, Mt. Lopez and Mt. Capilla among others. We start our descent on a steep gravelly track to reach the Rucaco valley. After crossing it, we climb to the summit of Mt. Brecha Negra, where we can discern the lagoon Jakob and the homonymous refuge (also called San Martin). We hike down the steep slope and arrive at the refuge. Overnight in REFUGE according to availability.

Duration of the hike: 8 hours approximately

Included meals: Breakfast / Box-lunch / Dinner

3rd DAY: REFUGE JAKOB – BARILOCHE

Morning excursion to the beautiful “Laguna de los Tempanos” (iceberg lagoon). Its name is due to the transparent ice blocks that float in the lagoon at the beginning of the summer. In the afternoon we start our descent on a steep zig-zag trail surrounded by a deep forest. Once in the valley we hike in a wetland area and through a cane field. Then, we cross a hanging bridge on the stream “Casa de Piedra”. The path continues along this stream up to a “Tambo” (ranch) where the vehicle will pick us up. Transfer to Bariloche and overnight at hostelry COSTAS DEL NAHUEL (3*) or of similar category according to availability

Duration of the hike: 6 hours approximately

Included meals: Breakfast / Box-lunch

4th DAY: BARILOCHE

Free day without services to relax and take breath for the next days. Overnight at hostelry COSTAS DEL NAHUEL (3*) or of similar category according to availability

Included meals: Breakfast

5th DAY: BARILOCHE – PAMPA LINDA – REFUGE OTTO MEILING

Morning transfer to Pampa Linda, located 77 km from Bariloche, at the base of Mount Tronador. The mount Tronador offers an excellent surface for ice-climbing: the ascent to its 3 peaks is definitely the most amazing activity. We start our trek from Pampa Linda and hike towards the refuge Otto Mailing (2000 mts) located on the slopes of Mt. Tronador and surrounded by the glaciers Castaño Overo and Alerce. The first part of the trail is flat and crosses an open area, afterwards we follow a zig-zag trail deep in the forest. After a deserved break, we continue ascending through a rocky area up to the refuge. Overnight at REFUGE according to availability.

Duration of the hike: 5 hours approximately

Included meals: Breakfast / Box-lunch / Dinner

6th DAY: REFUGE OTTO MEILING – PAMPA LINDA – BARILOCHE

Free morning to enjoy the spectacular landscape. According to weather and snow conditions, possibility to do a hike up to the Motte’s edge from where we have an amazing view of the north face of the Argentinean peak of Mount Tronador. At noon we start our descent. At the end of the zig-zag path, possibility to take the trail that leads to the base of the

2/5

SENDEROS NATIVOS

Calle Capullo n° 2251 – Providencia – Santiago de Chile

Tel: (00 56) 2 – 8973760 /61 /62

Web: www.senderosnativos.com – Email: info@senderosnativos.com



MAGIC REFUGES OF THE NORTHERN PATAGONIA ARGENTINA 2011 - 2012

Glacier Castaño Overo. Arrival in the afternoon at Pampa Linda and transfer back to Bariloche. Overnight at hostelry COSTAS DEL NAHUEL (3*) or of similar category according to availability.

Duration of the hike: 4-6 hours approximately

Included meals: Breakfast / Box-lunch

7th DAY:

BARILOCHE – REFUGE LOPEZ – REFUGE LAGUNA NEGRA

Meeting with the guide at the hotel, and transfer to the sector of Colonia Suiza and hike (3 hours approximately) along a trail that leads up to Refuge Lopez, located at 1600 m above sea-level. After a short and deserved break we continue towards the summit hiking between the peak "Principal" and the peak "Turista". From the top we enjoy a spectacular view! We start the descent along a steep gravelly track to the valley where the source of the brook Goye is. This descent is quite delicate, especially with snow or ice. Afterwards we cross the valley, climb Mt. Lopez and hike along the ridge until we reach the pass. We descend to Laguna Negra (black lagoon) and border it to arrive at the refuge located on the other side, on the foot of Mt. Negro. Overnight at the REFUGE according to availability.

Duration of the hike: 9-10 hours approximately

Included meals: Breakfast / Box-lunch / Dinner

8th DAY:

REFUGE LAGUNA NEGRA – BARILOCHE (OUT)

Free time in the morning to relax or explore the surroundings of the lagoon. Then we start our descent following a zig-zag track with a wonderful view of the lagoon flowing into a spectacular waterfall. Afterwards we cross the brook Navidad, before entering into a wetland area. We walk through a cane field and later in a deep forest until we reach the road that leads to Colonia Suiza. The vehicle will pick us up and take us to Bariloche. Overnight at hostelry COSTAS DEL NAHUEL (3*) or of similar category according to availability. **END OF OUR SERVICES**

Duration of the hike: 4-5 hours approximately

Included meals: Breakfast / Box-lunch

NOTES:

- Please consider that the Refuges mentioned in the program are basic shelters. They have a common dining room with a kitchen, common dormitories (equipped with mattresses and blankets) and a bathroom area **without hot water**. They do not have electricity.

- The guide can change the itinerary at any time according to the weather conditions or the state of the footpaths, proposing others refuges with better access.



MAGIC REFUGES OF THE NORTHERN PATAGONIA ARGENTINA 2011 - 2012

EQUIPMENT LIST

CLOTHING:

- Sun hat
- Warm hat (polar/fleece)
- Waterproof jacket with a hood. Suggested: Gore-Tex
- Pile lining. Jacket or sweatshirt
- Underwear
- T-Shirts
- Gloves
- Trekking trousers
- Waterproof trousers. Suggested: Gore-Tex
- Shorts
- Socks
- Swimsuit + towel
- Trekking shoes (2 pairs at least)
- Tennis shoes, sandals.

FOR THE JOURNEY:

- Day pack (30 lt)
- Backpack (70-80 lt)
- Sleeping bag (-10^a C)
- Flashlight with extra batteries.
- Sun glasses
- Sun screen: Sun cream and lip screen.
- Water bottle
- Personal First Aid Kit.
- Personal Toiletries: wet towels, soap, etc
- Photographic equipment

ENJOY THE TRIP!



MAGIC REFUGES OF THE NORTHERN PATAGONIA ARGENTINA 2011 - 2012

RATES

02	PERSONS:	US\$ 2230 p/person
03	PERSONS:	US\$ 1750 p/person
04	PERSONS:	US\$ 1490 p/person
05	PERSONS:	US\$ 1360 p/person
06	PERSONS:	US\$ 1260 p/person
07	PERSONS:	US\$ 1490 p/person
08	PERSONS:	US\$ 1390 p/person
09	PERSONS:	US\$ 1360 p/person
10	PERSONS:	US\$ 1290 p/person
11	PERSONS:	US\$ 1250 p/person
12	PERSONS:	US\$ 1210 p/person

Single room supplement at the hostelry: US\$ 200

The rates include:

<ul style="list-style-type: none"> Accommodation in the mentioned hosteria (hostelry) or of similar category (DOBLE/TRIPLE room basis). <i>Local standard</i>.
<ul style="list-style-type: none"> Accommodation in the mentioned refuges or similar of the same category according to availability (shared room basis – shared bathroom)
<ul style="list-style-type: none"> Meals as mentioned in the program
<ul style="list-style-type: none"> Soft drinks during the box-lunch
<ul style="list-style-type: none"> Transportation by private vehicle(s) during the whole program.
<ul style="list-style-type: none"> Private local bilingual guide(s) (English/ French/ Spanish speaking) during the whole program. Guide in other language according to availability.
<ul style="list-style-type: none"> Nahuel Huapi National Park fee.

The rates **DO NOT** include:

<ul style="list-style-type: none"> Flights and taxes
<ul style="list-style-type: none"> Sleeping bag
<ul style="list-style-type: none"> Drinks during the dinners at the refuges
<ul style="list-style-type: none"> Single room supplement at the hostelry
<ul style="list-style-type: none"> Personal equipment
<ul style="list-style-type: none"> Travel insurance
<ul style="list-style-type: none"> Tips
<ul style="list-style-type: none"> Services NOT mentioned in the program

The rates are valid from the 01/12/2011 until the 30/04/2012 except in case of a big variation in the USD exchange conditions in Argentina. Thanks for reading our general sales conditions.

5/5

SENDEROS NATIVOS

Calle Capullo n° 2251 – Providencia – Santiago de Chile

Tel: (00 56) 2 – 8973760 /61 /62

Web: www.senderosnativos.com – Email: info@senderosnativos.com